

Name	Club	DAY 1	DAY 2	DAY 3	DAY 4	DAY 5	DAY 6	DAY 7	TOTAL	POSITION	AVERAGE
Paul Lewis	Viewtube Runners	3.45.40	3.45.05	3.42.58	3.44.59	3.38.01	3.44.36	3.44.18	26.05.37	1	sub 3.45
Abi Gooch	Redway Runners	3.40.53	3.45.59	3.45.59	3.48.51	3.44.34	3.44.55	3.45.42	26.16.53	2 - First Lady & New Recor	sub 4.00
Tiago Dionisio	100 Marathon Club	4.24.27	4.23.50	3.47.38	3.54.11	3.51.55	3.57.27	3.55.03	28.14.31	3	sub 4.15
Neil Warby	LFR	3.54.30	3.57.49	4.05.05	3.52.17	4.06.16	4.14.20	4.23.27	28.33.44	4	sub 4.15
Laurence Hylton	FERC	3.36.26	3.44.53	4.07.42	3.49.38	5.08.29	5.17.31	4.20.45	30.21.24	5	sub 4.30
Elaine Dean	Unaffiliated	4.18.43	4.23.02	4.22.51	4.22.40	4.30.29	4.24.47	4.19.49	30.42.21	6	sub 4.30
John Hammond	Unaffiliated	4.15.19	4.40.55	4.18.51	4.20.15	4.17.17	4.39.24	4.30.03	31.02.04	7	sub 4.30
Steve May	Unaffiliated	4.40.30	4.40.36	4.33.57	4.38.23	4.47.10	4.41.16	4.31.32	32.33.24	8	sub 4.45
Paul Spooner	100 Marathon Club	4.36.07	4.42.41	4.45.23	4.41.02	4.43.25	4.32.09	4.34.50	32.35.37	9	sub 4.45
Karl Randall	100 Marathon Club	4.36.07	4.42.41	4.45.23	4.41.02	4.43.25	4.32.09	4.34.50	32.35.37	9	sub 5.00
Gregory Ashley	Rugby Tri Club	4.30.27	4.41.32	4.40.50	4.48.59	4.55.30	4.59.27	4.44.02	33.20.47	10	sub 5.00
Gary Kelly	Buckingham & Stowe	4.37.32	5.03.48	4.50.09	4.48.41	4.48.31	4.55.46	4.50.40	33.55.07	11	sub 5.00
Jacqueline Wiggins	Phoenix Panthers	4.57.27	5.15.22	5.09.16	4.59.08	5.03.38	4.54.20	4.25.28	34.44.39	12	sub 5.00
Gary Brampton	Reading RR	4.59.06	4.49.44	4.43.04	4.45.00	5.09.36	5.27.31	4.51.26	34.45.27	13	sub 5.00
Paul Bigmore	100 Marathon Club	5.11.15	5.22.48	4.53.46	5.10.06	4.41.48	5.21.08	5.04.30	35.45.21	14	sub 5.15
Michelle Fookwe	Unaffiliated	5.32.49	5.41.36	5.30.30	5.19.52	5.26.11	5.14.32	4.52.51	37.38.21	15	sub 5.30
Sarah Pinkerton	Unaffiliated	5.46.25	5.51.19	5.38.49	5.18.07	5.31.15	5.39.16	5.33.56	39.19.07	16	sub 5.45
Edward Mills	100 Marathon Club	5.39.18	5.58.02	5.40.53	5.24.22	5.41.42	5.44.43	5.35.41	39.44.41	17	sub 5.45
Jagjit Singh	BA Club London	5.49.58	5.52.12	5.57.36	5.59.38	5.46.38	6.01.56	5.58.36	41.26.34	18	sub 6.00
Donna Richards	South London Harriers	7.55.45	7.37.43	5.24.38	5.53.13	5.18.23	5.25.56	6.24.03	43.59.41	19	sub 6.30