

Pos	Name	Club	Time
1	Steve Edwards	Bourton RR	3.18.10
2	Matt Dunn	UK Netrunner	3.22.27
3	Jonathan Godfrey	Unaffiliated	3.22.46
4	Ashley Milson	Cleethorpes AC	3.35.26
5	Ashley Walden	Unaffiliated	3.37.33
6	Matthew Tonks	Nuneaton Harriers	3.40.57
7	Sean Gregg	Real Buzz UK	3.41.45
8	Denys Baudry	100 Marathon Club	3.50.52
9	Glyn Raymen	Leighton Fun Runners	3.57.04
10	Jenny Cass	Unaffiliated	3.59.15 (1st Lady)
11	Rosemary Close	FERC	4.09.49
12	John Kirwan	Leighton Fun Runners	4.11.16
13	Leigh Carr	Unaffiliated	4.12.57
14	Roger Hayes	Teignbridge Trotters	4.20.59
15	Dean Chambers	Unaffiliated	4.21.53
16	Jon Heap	Roadhoggs	4.22.24
17	Helen James	Barrow Runners	4.26.12
18	Peter Morris	100 Marathon Club	4.28.33
19	Tiago Dionisio	100 Marathon Club	4.30.05
20	Brian Mills	100 Marathon Club	4.31.01
21	Martin Bush	100 Marathon Club	4.39.40
22	Roger Hales	Teignbridge Trotters	4.41.07
23	Heather McDonald-Hamilton	RRC	4.42.29
24	Karl Randall	Lichfield RC	4.44.44
25	Karl Hinnet	Unaffiliated	4.45.31
26	Jack Brooks	100 Marathon Club	4.50.20
27	Helen Walden	FERC	4.52.27
28	Jon Aston	Wrekin RR	4.58.13
29	Lisa Hewitt	Unaffiliated	5.02.52
30	Liz Smith	FERC	5.07.11
31	Cat Marriott	RSPB Staff Ass. RC	5.28.22
32	Karen Hurrell	Dagenham 88 Runners	5.29.42
32	John Stew	Roadhoggs	5.09.47
33	Sally Ingledew	Teignbridge Trotters	5.35.14
33	Traviss Willcox	100 Marathon Club	5.35.14
35	Kelly Jackson	Scarborough AC	5.37.51
36	Paul Barton	Amphill & Flitwick fly	5.41.14
37	Ruth Benzimra	100 Marathon Club	5.44.10
38	Ellen Cottom	Unaffiliated	5.55.55

39	Rachel Smith	Maidstone Harriers	5.57.25	
40	Kaja Kosla	TRA	6.41.46	
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