

Name	Club	Time	Position
Matthew Tonks	Nuneaton Harriers	3.01.37	1
Sally Ford	UK Netrunner	3.34.11	2 - First Lady
Alex Penny	Buckingham & Stowe	3.37.28	3
Paul Bridges	Springfield Striders	3.37.35	4
Paul Cross	Unaffiliated	3.39.27	5
Sunny Calitz-Patel	Sandwell Valley	3.44.51	6
Paul Sutherland	100 Marathon Club	3.46.46	7
Richard Hyde	Unaffiliated	3.49.52	8
Caroline Farren	Clapham Chasers	3.51.25	9
David Mould	Ely Runners	3.51.41	10
Paul Rose	Silson Joggers	3.51.53	11
Clive Hearn	Unaffiliated	3.54.58	12
Philip Rand	Petswood Runners	3.58.02	13
Kim Freeman	WDAC	4.09.35	14
Paul Mason	Stragglers	4.13.58	15
Laura Penny	Buckingham & Stowe	4.18.44	16
Keith Luxon	Benfleet RC	4.18.56	17
Stuart Mellows	WDAC	4.23.57	18
Gary Kelly	Buckingham & Stowe	4.24.38	19
Nick Cockburn	Sandwell Valley	4.25.54	20
Mandy Harley	Unaffiliated	4.33.15	21
Noel Roche	Unaffiliated	4.33.25	22
Ulen Neale	Headington RR	4.41.13	23
Nuala Smyth	A Runners	4.50.57	24
Jay Fletcher	Silson Joggers	4.57.57	25
Rachel Armstrong	Redway Runners	5.04.49	26
Jagjit Singh	100 Marathon Club	5.12.27	27
Elaine Dean	Unaffiliated	5.17.15	28
Frances Thorne	Unaffiliated	5.22.43	29
Stuart Smith	Littledown Harriers	5.26.49	30
Melanie Roberts	Plumstead Runners	5.26.49	30

Paul Bigmore	100 Marathon Club	5.27.55	32
Lauren Goldsmith	Lowestoft RR	5.44.45	33