



Milton Keynes Lakeside Runners presents...
2012 Summer Festival

Venue: Premier Inn, Lakeside Grove, Bletcham Way, Caldecotte, Milton Keynes, MK7 8HP
 (150 yds off the A5 & 3 miles from M1. Look for a windmill!)
 Tel: 01908 366188 (Caldecotte Arms pub) ; 0870 9906558 (Premier Inn)

Events: 7-July-2012 08:00 - Summer Enigma Marathon 1
 7½ scenic laps of Caldecotte Lake

7-July-2012 14:30 - Summer Enigma Ultra Marathon (30mi)
 8½ scenic laps of Caldecotte Lake

8-July-2012 09:30 - Summer Enigma Marathon 2
 7½ scenic laps of Caldecotte Lake

Courses: Ultra: Mini lap (1.67mi): <http://www.fetcheveryone.com/route-327949>
 & eight laps (3.55mi ea): <http://www.fetcheveryone.com/route-327957>

Marathon 1 & 2: Mini lap (1.67mi): <http://www.fetcheveryone.com/route-327949>
 & seven laps (3.55mi ea): <http://www.fetcheveryone.com/route-327957>
 (all routes are downloadable to Garmin)

Start: Mandatory race briefings ten minutes prior to each race.

Registration: Route description given out at location

Limits: 40 entrants per event

Awards: Unique bespoke medal to all finishers of each event

Race Support: Starter; Timekeeper; Race referee; Large pub car park; Water station every lap of lake course.

Equipment: Suitable clothing and footwear. Compass & map optional.
 (OS Landranger 166, or OS Explorer 182, 193 & 194)

Permit: Held under UK Athletics rules.
 Permit applied for - permit will be displayed at Race HQ.



2012 Summer Festival Entry Form

Name:

Address:

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..... Post Code:

Telephone: (day) (eve)

Email:

Male/Female:

Date of Birth: Age (on 7-Jul-2012):

UKA/TRA Affiliated Club (or "Unattached"):

UKA/TRA Membership No. (if applicable):

Competitors must be at least 18 years of age on the day of the event. A signed form will be considered as a declaration that you will run entirely at your own risk and that you have no medical disabilities that would endanger you or others taking part. Entry fees are non refundable. In the event of cancellation, all proceeds will go to charity.

Marathon 1: £18.00 affiliated / £19.00 unaffiliated
Sat 7th July. 08:00 start; 6-hour time-limit

Ultra (30mi): £20.00 affiliated / £21.00 unaffiliated
Sat 7th July. 14:30 start; 7-hour time-limit (dusk @ 21:20)

Marathon 2: £18.00 affiliated / £19.00 unaffiliated
Sun 8th July. 09:30 start; 6-hour time-limit

£54 for all three events affiliated / £57 unaffiliated

Closing date: 01-May-2012 TOTAL:

Signature: Date:

Cheques made payable to: DAVID BAYLEY

Send your entries to: DAVID BAYLEY, 43 Chestnut Crescent,
Bletchley, Milton Keynes, MK2 2JZ

Please ensure you enclose a stamped SAE so we can post your number!