

Pos.	Thu 6th Feb 2020	Caldecotte Lake	Time	Pos.	Fri 7th Feb 2020	Caldecotte Lake	Time	Pos.	Sat 8th Feb 2020	Caldecotte Lake	Time
1	Keith Luxon	Benfleet	3:11:20	1	Keith Luxon	Benfleet	3:10:12	1	Keith Luxon	Benfleet	3:06:00
2	Tiago Dionisio	100 Marathon Club	3:25:01	2	Jon Drake	100 Marathon Club	3:22:19	2	Tiago Dionisio	100 Marathon Club	3:24:17
3	David Barr	100 Marathon Club	3:33:54	3	Tiago Dionisio	100 Marathon Club	3:25:26	3	Phil Adams	100 Marathon Club	3:39:49
4	Phil Adams	100 Marathon Club	3:34:40	4	Phil Adams	100 Marathon Club	3:40:05	4	Abi Gooch	Redway Runners	3:42:17
5	Abi Gooch	Redway Runners	3:36:45	5	Abi Gooch	Redway Runners	3:43:28	5	Greg Black	Unaffiliated	3:44:25
6	Jonathan Clements	Redway Runners	3:39:06	6	Tristan Wilson	Unaffiliated	3:47:35	6	Tristan Wilson	Unaffiliated	3:44:52
7	Richard Kell	100 Marathon Club	3:40:47	7	Rich Rex	100 Marathon Club	3:47:54	7	Laurent Couret	Unaffiliated	3:46:36
8	Duncan Gordon	Northbrook AC	3:43:48	8	Greg Black	Unaffiliated	3:49:28	8	Pat Norris	100 Marathon Club	3:48:40
9	Greg Black	Unaffiliated	3:50:52	9	Richard Kell	100 Marathon Club	4:02:50	9	David Martin	Saffron Striders	3:49:31
10	Stephen Dunham	Redway Runners	3:52:40	10	Rob Wishart	Tyne Bridge Harriers	4:03:54	10	Stephen Dunham	Redway Runners	3:49:46
11	Pat Norris	100 Marathon Club	3:53:20	11	Duncan Gordon	Northbrook AC	4:07:32	11	Paul Commons	100 Marathon Club	3:50:36
12	Tristan Wilson	Unaffiliated	3:53:29	12	Pat Norris	100 Marathon Club	4:07:38	12	Rob Wishart	Tyne Bridge Harriers	4:15:36
13	Steve Thomson	Buckingham & Stowe	3:54:52	13	Jonathan Clements	Redway Runners	4:08:36	13	Mark Haynes	Leighton Buzzard AC	4:19:13
14	Graham Dewar	Unaffiliated	3:55:03	14	Stephen Holmes	Sedgeley Striders	4:09:30	14	Ben Smithers	Red Rose Runners	4:24:10
15	Paul Commons	100 Marathon Club	4:06:04	15	Paul Commons	100 Marathon Club	4:12:39	15	Jonathan Clements	Redway Runners	4:24:36
16	Rob Wishart	Tyne Bridge Harriers	4:12:40	16	Mark Bastick	Redway Runners	4:23:38	16	Mark Bastick	Redway Runners	4:25:44
17	Enda Cleary	100 Marathon Club	4:17:05	17	David Irwin	St Neots Riverside	4:24:24	17	Duncan Gordon	Northbrook AC	4:26:26
18	Mark Bastick	Redway Runners	4:24:23	18	Alice Irwin	Great Western Runners	4:24:24	18	Sharon Sharples	Teignbridge Trotters	4:28:27
19	Mark Haynes	Leighton Buzzard AC	4:24:57	19	Ben Smithers	Red Rose Runners	4:31:32	19	Paul Sharples	Teignbridge Trotters	4:28:28
20	Ben Smithers	Red Rose Runners	4:29:18	20	Stephanie Lederle	Unaffiliated	4:34:40	20	Tony Bowe	Northbrook AC	4:28:57
21	Alice Robinson	Unaffiliated	4:29:21	21	Graham Dewar	Unaffiliated	4:35:23	21	Greg Ashley	100 Marathon Club	4:43:33
22	Tony Bowe	Northbrook AC	4:29:47	22	Tony Bowe	Northbrook AC	4:38:05	22	Graham Dewar	Unaffiliated	4:46:12
23	Adam Canning	Unaffiliated	4:34:58	23	Enda Cleary	100 Marathon Club	4:42:15	22	Alice Robinson	Unaffiliated	4:46:12
23	Davd White	Harpندن Arrows	4:34:58	24	Stephen Dunham	Redway Runners	4:42:20	24	James Carty	Unaffiliated	4:48:04
25	Elaine Dean	100 Marathon Club	4:45:52	25	Greg Ashley	100 Marathon Club	4:44:09	25	Ullen Neale	100 Marathon Club	4:48:23
26	Greg Ashley	100 Marathon Club	4:45:56	26	Elaine Dean	100 Marathon Club	4:48:03	26	Jacqui Fry	100 Marathon Club	5:00:15
27	Robert Marshall	100 Marathon Club	4:47:24	27	Dianne Morris	Halmer Harriers	4:52:55	27	Dianne Morris	Halmer Harriers	5:01:00
28	Andrew Coveney	100 Marathon Club	4:53:43	28	Mark Haynes	Leighton Buzzard AC	4:53:17	28	Charlie McMurtary	Unaffiliated	5:01:40
29	Zoe Cook	100 Marathon Club	4:53:49	29	James Carty	Unaffiliated	4:54:12	29	Paul Barton	Amphill & Flitwick Flyers	5:02:39
30	Ullen Neale	100 Marathon Club	4:55:50	30	Alice Robinson	Unaffiliated	4:54:42	29	Stephen Holmes	Sedgeley Striders	5:02:39
31	Dianne Morris	Halmer Harriers	4:56:15	31	Ullen Neale	100 Marathon Club	4:55:28	29	Clive Hearn	100 Marathon Club	5:02:39
32	Joni Southall	Unaffiliated	4:57:06	32	Lucy Fern	100 Marathon Club	5:06:25	29	Nick Cockburn	100 Marathon Club	5:02:39
33	Charlie McMurtary	Unaffiliated	5:06:38	33	Andrew Coveney	100 Marathon Club	5:08:20	33	Robert Marshall	100 Marathon Club	5:07:36
33	Sarah Pennock	Sudbury Joggers	5:06:38	34	Maryanne Aitken	100 Marathon Club	5:16:59	33	Karen Williamson	Sudbury Joggers	5:07:36

35	Paul Barton	Ampthill & Flitwick Flyers	5:08:44	35	Karen Chart	Collingwood AC	5:18:45	33	Sarah Pennock	Sudbury Joggers	5:07:36
36	Steve Harlowe	Reading Joggers	5:08:44	35	Kaye Dwight	Unaffiliated	5:18:45	36	Andrew Coveney	100 Marathon Club	5:09:40
36	Peter Finn	100 Marathon Club	5:08:44	37	Steve Harlowe	Reading Joggers	5:23:41	37	Elaine Dean	100 Marathon Club	5:11:18
36	Jayne Woodhouse	Reading Joggers	5:12:11	38	John Titmus	Buckingham & Stowe	5:26:38	38	Enda Cleary	100 Marathon Club	5:17:39
39	Neil Briggs	MK Lakeside	5:15:18	39	Hayley Brewis	100 Marathon Club	5:27:11	39	Steve Harlowe	Reading Joggers	5:27:35
40	Karen Chart	Collingwood AC	5:15:59	39	Sarah Pennock	Sudbury Joggers	5:27:11	40	Maryanne Aitken	100 Marathon Club	5:29:09
41	James Carty	Unaffiliated	5:16:24	41	Justine Flett	Unaffiliated	5:28:21	41	Lucy Fern	100 Marathon Club	5:30:44
42	Karl Randall	100 Marathon Club	5:17:17	42	Jayne Woodhouse	Reading Joggers	5:28:48	42	Neil Briggs	MK Lakeside	5:32:43
42	Stephen Holmes	Sedgeley Striders	5:17:17	43	Gina Biggs	Red Rose Runners	5:33:05	43	Jayne Woodhouse	Reading Joggers	5:35:04
42	Clive Hearn	100 Marathon Club	5:17:17	44	Joni Southall	Unaffiliated	5:34:05	44	Joni Southall	Unaffiliated	5:36:26
42	Nick Cockburn	100 Marathon Club	5:17:17	45	Robert Marshall	100 Marathon Club	5:35:01	45	Brenda O'Keefe	100 Marathon Club	5:39:30
46	John Kew	Unaffiliated	5:26:19	45	Charlie McMurtary	Unaffiliated	5:35:01	46	Collette O'Hagan	100 Marathon Club	5:39:30
47	Brenda O'Keefe	100 Marathon Club	5:29:29	47	Neil Briggs	MK Lakeside	5:35:17	47	Justine Flett	Unaffiliated	5:44:02
47	Collette O'Hagan	100 Marathon Club	5:29:29	48	Simon Lister	Trawden AC	5:35:22	48	Karl Randall	100 Marathon Club	5:45:05
49	Julie De Gorter	MK Lakeside	5:31:53	49	Rob McGregor	100 Marathon Club	5:36:41	48	Gina Biggs	Red Rose Runners	5:45:05
50	Maryanne Aitken	100 Marathon Club	5:35:15	50	Paul Barton	Ampthill & Flitwick Flyers	5:41:19	50	Phillip Howells	Tewkesbury RC	5:49:29
51	Justine Flett	Unaffiliated	5:36:32	50	Karl Randall	100 Marathon Club	5:41:19	51	Rob McGregor	100 Marathon Club	5:54:59
52	Gina Biggs	Red Rose Runners	5:38:08	50	Clive Hearn	100 Marathon Club	5:41:19	51	Nick Nicholson	100 Marathon Club	5:54:59
52	Lucy Fern	100 Marathon Club	5:38:08	50	Nick Cockburn	100 Marathon Club	5:41:19	53	Caroline Dalchow	Unaffiliated	5:55:32
54	Caroline Dalchow	Unaffiliated	5:40:48	54	Caroline Dalchow	Unaffiliated	5:43:31	54	Tim Lupton	100 Marathon Club	6:01:29
55	Colin Adam	Unaffiliated	5:46:27	55	Brenda O'Keefe	100 Marathon Club	5:45:11	55	Karen Chart	Collingwood AC	6:02:16
55	Vanessa Brewster	100 Marathon Club	5:46:27	55	Collette O'Hagan	100 Marathon Club	5:45:11	56	Ruth Benzimra	100 Marathon Club	6:09:22
57	John Howard	Yaxley	5:46:30	57	Ruth Benzimra	100 Marathon Club	5:52:30	57	Max Cottrell-East	London Fronrunners	6:16:58
58	Rob McGregor	100 Marathon Club	5:51:57	58	Keith Stuart	FERC	5:53:59	58	Colin Adam	Unaffiliated	6:17:48
59	Keith Stuart	FERC	5:57:27	59	Davd White	Harpenden Arrows	5:54:12	58	John Howard	Yaxley	6:17:48
59	Denys Baudry	100 Marathon Club	5:57:27	60	Nick Nicholson	100 Marathon Club	6:18:46	58	Vanessa Brewster	100 Marathon Club	6:17:48
61	Carol Ellis	Flyers Southend	6:00:39	61	Eddie Mills	100 Marathon Club	6:28:26	61	Eddie Mills	100 Marathon Club	6:19:14
62	Ruth Benzimra	100 Marathon Club	6:02:42	62	Tim Lupton	100 Marathon Club	6:31:13	62	Keith Stuart	FERC	6:24:32
62	Max Cottrell-East	London Fronrunners	6:02:42	63	Linda Copson	100 Marathon Club	6:31:21	63	Andrew Easton	Strom Plymouth	6:46:31
64	Tim Lupton	100 Marathon Club	6:07:40	63	Colin Adam	Unaffiliated	6:31:27	63	Kerry Barnett	Vegan Runners	6:46:31
65	Eddie Mills	100 Marathon Club	6:12:33	63	Max Cottrell-East	London Fronrunners	6:31:27				
66	Andrew Easton	Strom Plymouth	6:17:10	63	Vanessa Brewster	100 Marathon Club	6:31:27				
66	Kerry Barnett	Vegan Runners	6:17:10	67	Andrew Easton	Strom Plymouth	6:35:45				
68	Jules Dring	Lonely Goat	6:42:50	67	Kerry Barnett	Vegan Runners	6:35:45				
69	Nick Nicholson	100 Marathon Club	6:44:14	68	John Howard	Yaxley	6:39:24				

69	Lloyd McMurtary	100 Marathon Club	6:44:14								
Pos.	Sun 9th Feb 2020	Caldecotte Lake	Time								
1	Geoff Weller	Unaffiliated	3:10:19								
2	Keith Luxon	Benfleet	3:22:22								
3	Tiago Dionisio	100 Marathon Club	3:33:55								
4	Greg Black	Unaffiliated	3:46:44								
5	Tristan Wilson	Unaffiliated	3:48:48								
6	Phil Adams	100 Marathon Club	3:56:21								
7	Abi Gooch	Redway Runners	3:57:05								
8	Laurent Couret	Unaffiliated	4:07:34								
9	Duncan Gordon	Northbrook AC	4:14:31								
10	Stephen Dunham	Redway Runners	4:18:37								
11	Paul Commons	100 Marathon Club	4:20:01								
12	Rob Wishart	Tyne Bridge Harriers	4:21:10								
13	Nathan Lamplough	Unaffiliated	4:25:00								
14	Mark Bastick	Redway Runners	4:28:24								
15	Pat Norris	100 Marathon Club	4:32:32								
16	Jonathan Clements	Redway Runners	4:35:28								
17	Tony Bowe	Northbrook AC	4:39:07								
18	Ben Smithers	Red Rose Runners	4:40:18								
19	Graham Dewar	Unaffiliated	4:46:20								
20	Mark Haynes	Leighton Buzzard AC	4:46:20								
21	John Nelms	Fairlands Valley Spartans	4:53:12								
22	Ullen Neale	100 Marathon Club	4:58:16								
23	Alice Robinson	Unaffiliated	4:58:50								
24	Elaine Dean	100 Marathon Club	5:06:24								
25	Jack Moore	Unaffiliated	5:08:40								
26	Greg Ashley	100 Marathon Club	5:09:15								
27	James Carty	Unaffiliated	5:12:22								
28	Gina Biggs	Red Rose Runners	5:13:10								
29	Sarah Pennock	Sudbury Joggers	5:13:24								
30	Karen Williamson	Sudbury Joggers	5:15:40								
31	Joni Southall	Unaffiliated	5:19:07								
32	Stephen Holmes	Sedgeley Striders	5:19:45								
32	Clive Hearn	100 Marathon Club	5:19:45								

